

M.P. Wiggleworth's
Three-Ring
CIRCUS

See incredible feats of faith!

SNACKS





Welcome and thank you for your willingness to work in the snacks area this year! In this packet you'll not only find your recipes for the week but also lots of helpful tips and hints to make **M. P. Wiggleworth's Three Ring Circus VBS** the best it can be and tons of fun.

SPIRITUAL

- The best place to start is always prayer. Before you begin planning for the week of VBS spend some time talking to God about the children He plans to bring and how you can help reach each one of them. You can ask your director for a list of children who have pre-registered and pray for them by name.
- Each day, kids will watch a cartoon about the performers at the circus that will display how to begin and then show their faith in their daily lives. (You can find a summary of each story, the Bible lesson, and verse for the day on your Week Overview.) Each snack ties into the circus theme or story of the day. Explain to the children why they're getting the snack they are, and, if they've already had their lesson time, use the opportunity to ask them about it and reinforce what they learned.
- A great way for kids to show their faith is through prayer. Snack time creates an excellent opportunity for kids to practice praying in front of others. Ask for a volunteer to do just that.
- While snack time is meant to be fun and give kids a chance to recoup after playing hard in games, it is first and foremost (like all areas of VBS) intended to help children grow spiritually. Keep that in mind as you interact with the other leaders, take time to get to connect with each child, and study the Bible stories and verses during the week.
- VBS is certainly made to deepen children's relationship with the Lord, but it's also an opportunity for adults to do the same. Ask your director for copies of the lessons and devotions. You too can be reminded of some incredible truths, strengthen your faith, and be better prepared to share with the kids each day.

EXPERIENCE

- Kids will love the tasty snacks you deliver, but you can make snack time a real experience. Start by naming your snack area. It can be anything from The Circus Snack Shack to The Clown Cafe.
- Call the children in to snack time like an old time circus barker with a cone shaped megaphone.
- Decorating is a great way to get kids excited. You don't need much. Sectioning off a small area and decorating that makes a little go a long way. Set up a large tent (or canopy with drop cloths hung as wall) for the children to eat in. Deliver the snacks with a cart decorated to look a vendor at a circus. Use your imagination and the possibilities are endless.
- Creating a character for yourself is another fun way to reinforce the circus theme. Paint your face like a clown, do cartwheels like an acrobat, or show your muscles like a strong man.
- Create a menu. By letting kids see what snacks are coming up throughout the week you get them excited to come back.



PRACTICAL

- Check the registration forms each day to be reminded of children's allergy information.
- Use a roll cart to deliver the snacks and drinks.
- Have large garbage cans nearby the snack area for quick cleanup.
- For younger classes make smaller portions.
- Keep paper towels or wet wipes on hand.

NEEDED MATERIALS - EVERY DAY

- ☐ Napkins
- ☐ Dixie cups
- ☐ Pitchers of water
- ☐ Trays
- ☐ Wet wipes

OPTIONAL MATERIALS - EVERY DAY

- ☐ Megaphone
- ☐ Roll cart



DAY 1 - STRONGMAN'S BARBELLS

NEEDED MATERIALS

OPTION 1

- ☐ Cake mix (any flavor)
- ☐ Frosting (one can for every box of cake mix)
- ☐ Any items needed for cake preparation (eggs, oil, etc.)
- ☐ White chocolate
- ☐ Cake pop sticks or Pretzel sticks (we suggest Snyder's Dipping Sticks) (1 per child)
- ☐ Wax paper
- ☐ Small plates

OPTION 2

- ☐ Marshmallows (jumbo if available) (2 per child)
- ☐ Pretzel sticks (Snyder's Dipping Sticks size) (1 per child)
- ☐ Silver edible spray paint
- ☐ Wax paper
- ☐ Paring knife
- ☐ Small plates

DIRECTIONS

OPTION 1

Bake the cake(s) according to package directions. When cake is cooled, crumble it into a large bowl. Mix in one can of frosting per cake mix. Begin rolling the mixture into one inch balls. Take a cake pop stick or pretzel and put a ball on each end to create a barbell. Put them in the freezer to harden. While they are chilling melt the white chocolate in the microwave. Dip each end of the barbells in the white chocolate and place on a sheet of wax paper to harden.

OPTION 2

Using a paring knife cut a small incision in the one of the flat sides of each marshmallow. Insert a pretzel stick in the cut. Do the same with the other side of the stick and another marshmallow to create a barbell. Lay out the barbells on a sheet of wax paper. Spray them with edible silver spray paint.



DAY 2 - CIRQUE DU SORBET

NEEDED MATERIALS

- ☐ Sorbet or sherbet
- ☐ Sugar cones (1 per child)
- ☐ Candy eyes (the kind used on cakes)
- ☐ Tube of red icing
- ☐ Small plates
- ☐ Magic shell (optional)
- ☐ Sprinkles (optional)

DIRECTIONS

Scoop one ball of sorbet or sherbet for each child and put them on plates. Place a sugar cone upside down on the ball to create a clown hat. Stick two candy eyes on the ball and draw on a smile and large nose with the red icing to finish the clown.

If you wish to make them more decorative, before adding on the hats, spread a little magic shell on the outside of each cone, then roll them in sprinkles.



DAY 3 - CIRCUS POPCORN

NEEDED MATERIALS

- ☐ Microwave or premade kettle corn
- ☐ Cardstock with the included M. P. Wiggleworth's Three Ring Circus logo printed on it (1 sheet per child)
- ☐ Tape or stapler
- ☐ Markers (optional)
- ☐ Pom poms and glue (optional)
- ☐ Ribbons (optional)

DIRECTIONS

Print the circus logo on sheets of cardstock (colorful if possible). Roll each sheet into a cone shape and staple or tape in place. Make the kettle corn according to the package directions. Fill each cone with the popcorn.

If you wish to make the cones more decorative add your own touches with markers, glue on pom poms, or tape some streamers made of ribbon so they hang from the bottom of each cone.



DAY 4 - PEIRRE THE POODLE COOKIES

NEEDED MATERIALS

- ☐ Sugar cookie dough
- ☐ Poodle shaped cookie cutter
- ☐ Pink icing
- ☐ Tube of black icing
- ☐ Small plates

DIRECTIONS

Roll out the cookie dough and cut into enough poodle shapes so there is one cookie per child. Bake the cookies according to the package directions. When they are cooled coat them in pink icing. Finally, add two dots of black icing, one for an eye and one for a nose.



DAY 5 - PARADE FLOATS

NEEDED MATERIALS

- ☐ Vanilla ice cream
- ☐ Red cream soda or another red non-caffeinated pop
- ☐ Cups (preferably clear)
- ☐ Straws
- ☐ Spoons

DIRECTIONS

Place of scoop of vanilla ice cream in each cup. Fill the rest of the cup with the red soda of your choice. Add in a straw and spoon.



FOR THE WEEK

INGREDIENTS

- ☐ Cake mix (any flavor) - Option 1
- ☐ Frosting (one can for every box of cake mix) - Option 1
- ☐ Any items needed for cake preparation (eggs, oil, etc.) - Option 1
- ☐ White chocolate - Option 1
- ☐ Cake pop sticks - Option 1
- ☐ Marshmallows (jumbo if available) (2 per child) - Option 2
- ☐ Silver edible spray paint - Option 2
- ☐ Pretzel sticks (Snyder's Dipping Sticks size) (1 per child)
- ☐ Sorbet or sherbet
- ☐ Sugar cones (1 per child)
- ☐ Candy eyes (the kind used on cakes)
- ☐ Tube of red icing
- ☐ Microwave or premade kettle corn
- ☐ Sugar cookie dough
- ☐ Pink icing
- ☐ Tube of black icing
- ☐ Vanilla ice cream
- ☐ Red cream soda or another red non-caffeinated pop

OPTIONAL

- ☐ Magic shell
- ☐ Sprinkles
- ☐ Markers
- ☐ Pom poms and glue
- ☐ Ribbons

ADDITIONAL

- ☐ Cardstock with the included M. P. Wiggleworth's Three Ring Circus logo printed on it (1 sheet per child)
- ☐ Tape or stapler
- ☐ Small plates
- ☐ Poodle shaped cookie cutter
- ☐ Cups
- ☐ Straws
- ☐ Spoons
- ☐ Wax paper
- ☐ Paring knife
- ☐ Small plates