



Snack Book

Welcome and thank you for your willingness to work in the snacks area this year! In this packet you'll not only find your recipes for the week but also lots of helpful tips and hints to make **Robot Academy VBS** the best it can be and tons of fun.

Spiritual Preparation

- The best place to start is always prayer. Before you begin planning for the week of VBS spend some time talking to God about the children He plans to bring and how you can help reach each one of them. You can ask your director for a list of children who have pre-registered and pray for them by name.
- Each day, kids will watch a cartoon about the bots at Robot Academy that will display what it looks like to live the lives they were programmed for. (You can find a summary of each story, the Bible lesson, and verse for the day on your Week Overview.) Each snack ties into the robot school theme or story of the day. Explain to the children why they're getting the snack they are, and, if they've already had their lesson time, use the opportunity to ask them about it and reinforce what they learned. For kids that have snack time earlier in the day, you can introduce the biblical theme as you interact with them. (Check out your daily schedule to know best how to talk to them.)
- A great way for kids to see faith in action is through prayer. Snack time creates an excellent opportunity for kids to practice praying in front of others. Ask for a volunteer to do just that.
- While snack time is meant to be fun and give kids a chance to recoup after playing hard in games, it is first and foremost (like all areas of VBS) intended to help children grow spiritually. Keep that in mind as you interact with the other leaders, take time to get to connect with each child, and study the Bible stories and verses during the week.
- Throughout the week kids will learn they are programmed for special actions: kindness, forgiveness, service, and telling others the good news. As you see kids living out their faith in these ways point it out and encourage others to do the same.
- VBS is certainly made to deepen children's relationship with the Lord, but it's also an opportunity for adults to do the same. Ask your director for copies of the lessons and devotions. You too can be reminded of some incredible truths, strengthen your faith, and be better prepared to share with the kids each day.

Experience Preparation

- Kids will love the tasty snacks you deliver, but you can make snack time a real experience. Start by naming your snack area something like Mega Bites or The Robot Academy Cafeteria.

- Call the children to snack time by ringing a bell (to signal the end of a class) or call them over as if on a P.A. system.
- Decorating is a great way to get kids excited. Set up a tent and hang cut out clip art from the ceiling (you can get those from your director). If you're indoors, create a futuristic looking diner. Decorate your cart to look like a robot that delivers food. Use your imagination and the possibilities are endless.
- Creating a character for yourself is another fun way to reinforce the robot theme. Paint your face silver and wear a homemade robot costume. Talk in a robotic voice or walk in a robotic fashion.
- Create and display a menu. By letting kids see what snacks are coming up throughout the week you get them excited to come back.

Practical Preparation

- Check registration forms each day to be reminded of children's allergy information. If necessary offer an alternative snack for children with allergies. Something like pre-cut apple slices is easy and generally safe.
- Some days require more preparation than others. For snacks that take more time to assemble begin doing so the day before with any free time you have.
- Use a roll cart to deliver the snacks and drinks.
- Have large garbage cans nearby the snack area for quick cleanup.
- For younger classes make smaller portions.
- Keep paper towels or wet wipes on hand.

General Materials - Every Day

Needed

- ☐ Napkins
- ☐ Dixie cups
- ☐ Pitchers of water
- ☐ Trays
- ☐ Wet wipes
- ☐ Alternative snack (such as apple slices)
- ☐ Garbage cans

Optional

- ☐ Roll cart
- ☐ Megaphone

Snack Materials - Complete List

- ☐ Sugar cookie dough
- ☐ Robot shaped cookie cutter
- ☐ Icing
- ☐ Decorative candies or sugars
- ☐ Pretzel sticks (we suggest Dan Dee Matchsticks)
- ☐ Dots
- ☐ Twizzler's Pull and Peel candy
- ☐ Vanilla ice cream
- ☐ Clear caffeine free soda
- ☐ Red food coloring
- ☐ Potato chips
- ☐ Rice or corn Chex
- ☐ Dried fruit such as bananas, apples, cranberries or raisins
- ☐ M&M's
- ☐ Pretzels
- ☐ Graham crackers (1 per child)
- ☐ Small sandwich bags
- ☐ Sharpie Marker

Day 1 - Picture Day Robot Cookies

Needed Materials

- ☐ Sugar cookie dough
- ☐ Robot shaped cookie cutter
- ☐ Icing
- ☐ Decorative candies or sugars
- ☐ Small plates

Directions

Roll out the cookie dough and cut into enough robot shapes so there is one cookie per child. Bake the cookies according to the package directions. When they are cooled coat them in icing. Finally, add any decorative candies or sugars that you'd like.

Alternatives & Suggestions

Don't have a robot shaped cookie cutter? Gear shapes work just as well. Or use a ginger bread man cutter and spray the cookies with silver edible paint or sprinkle with silver sugar.

Day 2 - Band Try Out Triangles

Needed Materials

- ☐ Pretzel sticks (we suggest Dan Dee Matchsticks) (3 or 4 per child)
- ☐ Dots (3 or 4 per child)
- ☐ Twizzler's Pull and Peel candy (one single string per child)
- ☐ Small plates

Directions

Create a triangle shape with three pretzels. Adhere the joints with Dots. Pull one string off a Pull and Peel bunch. Loop the string through the triangle and squeeze the ends together. The final product should resemble a musical triangle.

Alternatives & Suggestions

Add a mallet to each plate by attaching a Dot to the end of a matchstick pretzel.

If you'd like a healthier alternative use cheese cubes instead of Dots.



Day 3 - Science Fair Volcanic Floats and Powered Up Potato Chips

Needed Materials

- ☐ Vanilla ice cream
- ☐ Clear caffeine free soda
- ☐ Red food coloring
- ☐ Potato chips
- ☐ Cups
- ☐ Small plates

Directions

Add red food coloring to your soda. Put one scoop of vanilla ice cream in each cup. When you deliver the snacks, pour the soda over the ice cream so the kids can watch volcanic foam form.

Place a handful of potato chips on a plate for each child.

Alternatives and Suggestions

Purchasing strawberry or cherry flavored soda will save you the step of dying the beverage.

Day 4 - Brain Boosting Robot Crunch

Needed Materials

- ☐ Rice or corn Chex
- ☐ Dried fruit such as bananas, apples, cranberries or raisins
- ☐ M&M's
- ☐ Pretzels
- ☐ Small sandwich bags
- ☐ Sharpie Marker

Directions

Mix the Chex, dried fruit, M&M's and pretzels in a large bowl. On each bag write the words "Robot Crunch." Fill the bags with the created mix.

Alternatives & Suggestions

Use any leftover matchstick pretzels and mini marshmallows that you have from day two by adding them to the mix.

Day 5 - Robot Control Panels

Needed Materials

- ☐ Graham crackers (1 per child)
- ☐ Small tubes of decorating icing
- ☐ Small candies such as Dots, Mike & Ike's or Twizzler Pull and Peels

Directions

Decorate the crackers to look like control panels by sticking candies in the frosting to look like lights and circuits.

Add smaller details with the tubes of decorating icing.

Alternatives & Suggestions

To save time on the day of, instead of using icing, try brightly colored frosting. Spread the frosting the night before and stick on the candies. Then pop them, covered, in the fridge. Add a few fun details with icing before you deliver them.

You can also eliminate the candy and simply use icing.

